

Supporting recovery

1



Leading in Disaster Recovery: A Companion Through the Chaos

Audience: Leaders Agency & community leaders
Format: Free digital resource based on international research with recovery leaders

2



Supporting the Supporters

Audience: Leaders, teams, supporters
Format: Guidance for preventing burnout and supporting the resilience and performance of those supporting community recovery. Winston Churchill Fellowship

3



Cards for Calamity

Audience: Community members & supporters
Format: Card deck empowering impacted community with learnings from other communities.

4



Recovery Foundations

Audience: Agencies & supporters
Format: Facilitated workshop: For example: The lived-experience and common challenges that communities face through recovery (and what this means for supporting wellbeing, healing and recovery). The cognitive science behind 'disaster brain' and the implications for communicating with communities. ...

5



Sustaining Your Recovery Role

Audience: Agencies, leaders & supporters
Format: Facilitated workshops. Understand the risk to supporters and communities of supporter-burnout. Implement practical strategies to sustain your support efforts through the long-haul of recovery.

6



Doing Well

Audience: Agency members & supporters
Format: Card deck to create protective plans to prevent burnout and kick off wellbeing conversations

7



Workshop in a Box

Audience: Recovery leaders, committees & teams
Format: Self-guided group learning experience to prevent burnout and support performance under pressure.